



Church in the Circle
University Circle United Methodist Church
All are Welcome. All the Time.



**“FEEDING THE GROWING NEED
Hunger Network Grocery List**

Bread and Grains:

- Cereal
- Oatmeal
- Rice, Pasta, Grits

Milk and Dairy:

- Canned Milk
- Shelf-stable milk

Vegetables:

- Canned Vegetables
- Canned Yams
- Canned Corn
- Canned Greens
- Canned Soup

Meats, Nuts & Beans:

- Canned Tuna, Chicken & Ham
- Peanut Butter
- Beef Stew
- Canned Hash, Chili
- Dry Beans
- Pork & Beans

Fruits:

- Canned Juice
- Canned Fruit

Other:

- Paper Goods
- Shampoo
- Soap
- Baby Products, Formula, Food, Diapers

**PLEASE . . . NO GLASS CONTAINERS and
NOTHING WITH AN EXPIRED “USE BY” DATE.**

